

Teresa Auten

About Teresa

Teresa Auten is an early childhood specialist with a bachelor's in science in Early Childhood Development. With over twenty years of experience as a Christian educator focusing on children and youth ministry, Teresa has spent a great deal of time with families as they worked to create homes where all thrive and love.

Teresa has written articles about Christian parenting for *Focus On The Family* magazine, as well as *Ministry Magazine* on the topic of Christian education. She has written an easy to maneuver workbook for middle school faith development classes.

Teresa and her husband, Rick, a United Methodist minister, live in Denver, North Carolina on the peaceful shores of Lake Norman. Teresa enjoys doing science experiments with her grandchildren and making music for the Lord.



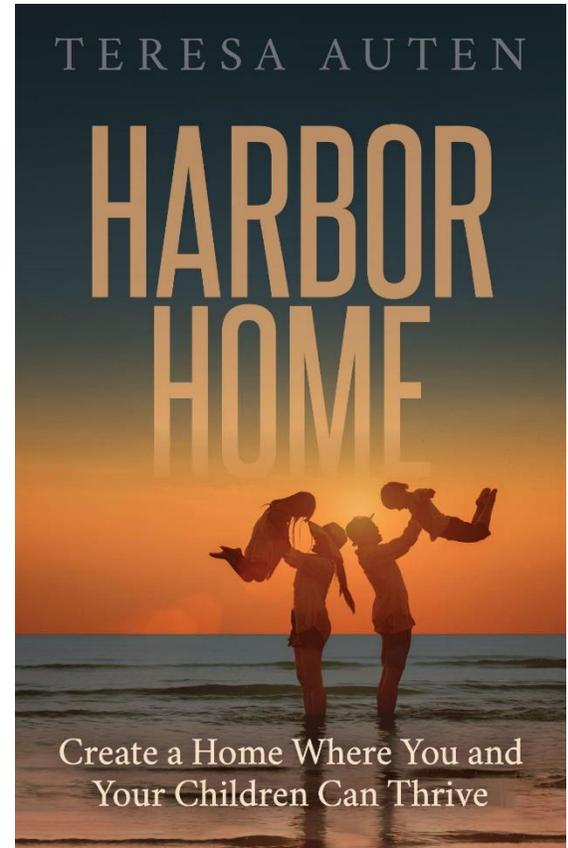
Harbor Home: Create A Home Where You And Your Children Can Thrive

At the heart of every culture and every nation on earth are families who long to provide for their children a home that is safe, and where everyone can thrive. Regardless of political affiliation, economic status, cultural background or faith, every family desires to protect and nurture their children.

In spite of this powerful instinct, a home of this nature is elusive to many families. Frantically paced busyness, political and societal upheaval, work and financial pressure all join together to distract us from our most important purpose: raising our children to become people of God; strong and confident, steady and capable.

The kind of home we desire can be described as a Harbor Home. Teresa Auten's book "*Harbor Home: Create A Home Where You And Your Children Can Thrive*" is a practical guide to the perspectives and habits that make your home a Harbor Home.

Teresa enlists seven elements of life in a working harbor and puts them to work demonstrating how your family can function as a healthy and cooperative unit. Begin today to create your Harbor Home.



PRAISE FOR HARBOR



- “As comforting and life-giving as the ocean breeze, Teresa’s words will inspire you to create a home filled with wisdom and safety. Her well-told stories linger like a conversation with a good friend. The spiritual foundation for the principles offered in the book are as timeless, powerful and authentic as the sea itself. Pick up a copy and join the cove lifestyle.”
 - *Marianne Herring, former senior editor of Focus On The Family magazine*

- *Harbor Home* is a welcome book full of encouragement and ideas for creating a safe harbor in your home. It is a book I wish I had had when my children were young. It is full of useful and practical wisdom and concrete steps that you can take to create your own Harbor Home. While directed at parents, the content is beneficial for grandparents, teachers, and others that work with children. Children need a safe place to learn, explore, and develop. *Harbor Home* gives you the tools to create this.

- *Connie Ferguson, B.S., M.S., retired special education teacher and administrator, published educational researcher, two term president of the Texas State Association of Parents and Teachers of the Deaf.*

- In our fast-paced world, *Harbor Home* prescribes peace for readers, particularly parents—a space to sit back and think. To plan. Teresa Auten expertly uses the coast of North Carolina and all that it encompasses to weave faith-filled recommendations and encouragement together for weary parents. My favorite part of the message within is that our Harbor Homes are customized, uniquely created by us and for our own families. Teresa paints a picture where comparison, stress, and over-scheduled lives have no place. Rather our Harbor Homes should be filled with faith, fellowship, and joy. The sea is where we can all look to create meaningful lives and love-filled homes worth protecting. Thank you, Teresa, for reminding us that we have choices in our homes!

- *Cortney Donelson, ghostwriter, co-founder of GirlStory Magazine, author of Clay Jar Cracked: When We’re Broken But Not Shattered, and co-author of The Outlier’s Choice: Why Living An Uncomfortable Life Is Worth It*

“Teresa Auten’s *Harbor Home* is a practical, Christian-based guide for families from all backgrounds. Her expertise in educating families and young children is evident and easily understandable in the unique way she connects real-life experiences, ideal, and values to the distinctive characteristics of an ocean harbor. I highly recommend this book to anyone who is looking for guidance on their journey through parenthood!

- **Kirstie Burlison**, B.S. in child and family development, NC-certified-birth-kindergarten and special education teacher

INTERVIEW TOPICS



- **Help Your Children Develop Faith (without being overbearing or boring)**
- **Three Steps To A Home Where Everyone Thrives**
- **Working Through Tantrum Behavior**
- **High Quality Family Time: Make a P.A.C.T**
- **How Your Children Are Like Tomatoes**
- **Helping Your Child In Times Of Grief**
- **Your Home As A Harbor**

SAMPLE QUESTIONS

1. What inspired you to choose a harbor setting to describe family life?
2. What do you think are the most important takeaways from Harbor Home?
3. If there is just one thing that you would encourage all families to do to become more connected what would it be?
4. How can parents help their children develop their own faith?
5. How can parents mitigate tantrum behavior in young children?
6. What are some alternatives to yelling at children?
7. How can parents help their children overcome negative peer pressure?
8. What are some ways parents can help their young children learn in school?

PUBLIC SPEAKING



- Teresa Auten presents: Go Build A Pillar: Inspiring Faith For The Children In Your Life
- Teresa Auten Presents: A Harbor Home: Create A Home Where You And Your Children Can Thrive
- Teresa Auten Presents: Help Your Children Deflect Negative Peer Pressure
- Teresa Auten Presents: Social Skills That Even “Shy” Children Need

Contact Teresa At
www.joyfulharborhome.com